



INVESTING IN YOUTH RESILIENCY

The Foundation for Appalachian Ohio (FAO), in partnership with the Osteopathic Heritage Foundation of Nelsonville (OHFN), is pleased to announce a Request for Proposals (RFP) intended to address social, economic, educational, and health challenges faced by young people in Appalachian Ohio. Given the critical role of childhood development on lifelong wellbeing, FAO's *I'm a Child of Appalachia*® Fund through its Health & Human Services Pillar of Prosperity and OHFN are inviting proposals designed to support nonprofit and public organizations focused on building resilience and increasing protective factors for youth in our region.

Examples of protective factors supporting youth include academic success; emotional self-regulation; coping and problem-solving skills; increased self-esteem; supportive relationships with family members; connecting with mentors; physical and psychological safety; or engagement and connections with school, peers, employment, or community – including the ability to connect through technology.

Funding available through the RFP will emphasize support for young people during out-of-school time in order to increase access to broader social support systems and resources. FAO and OHFN will also provide capacity building resources designed to help organizations best meet the needs of those they serve by expanding services, enhancing program quality, and/or improving operational efficiencies.

As we work to strengthen Appalachian Ohio's communities, investing in the health, wellbeing, and opportunities available to our region's young people is a key priority for FAO and OHFN.

FUNDING AVAILABILITY AND GRANT PERIOD

As part of a 1:1 funding partnership, FAO and OHFN are making available up to \$380,000 through the RFP. It is anticipated most funding awards will range between \$5,000- \$30,000. Proposals should reflect the resources needed to implement the project effectively and alignment with the intent of the RFP.

The grant period will begin May 1, 2022 and will conclude April 30, 2023. Funded organizations will be asked to submit a mid-term progress report by November 1, 2022; participate in a mid-year call with other Investing in Youth Resiliency funded organizations to share lessons learned to-date; and submit a final report by May 15, 2023. Funding decisions will be informed by

demonstrated need of youth being served, the opportunities being created and/or expanded to develop resilience, organizational size, and capacity.

All applications are due **Tuesday, March 16, 2022 by 11:59 pm**. Funding decisions will be announced by Friday, April 15, 2022.

ELIGIBILITY and FUNDING INTENT

Nonprofit and public organizations in all 32 Appalachian Ohio counties are eligible to submit project proposals meeting the following criteria:

- ✿ Funding will be used to promote programming focused on building resiliency for youth (pre-school age through age 18).
- ✿ Priority will be given to organizations focused on young people who experience risk factors that jeopardize their ability to thrive and achieve, especially during times when protective factors are needed the most, especially during out-of-school time.
- ✿ Funding will be used to support an organization's efforts to develop, expand and/or improve the quality of youth resiliency programming.

Examples of how grant awards may be used include, **but are not limited to:**

- Tutoring and mentoring programs
 - Support groups
 - Enrichment opportunities in art, music, athletics, and other opportunities young people may not otherwise be able to access, including related participation fees
 - Vocational and career awareness activities and programs
 - Service learning and team building opportunities
 - Expanding and encouraging youth engagement and leadership through participation in program design and in the broader community
 - Eliminating barriers to program participation that might otherwise exist
- ✿ Grant awards may also support capacity building designed to help organizations best meet the needs of those they serve by expanding services, enhancing program quality, and/or improving operational efficiencies. Applicants are encouraged to include within their requests funding for capacity building, which may include, **but is not limited to:**
- Professional development and training opportunities;
 - Activities designed to increase staff engagement and retention; and
 - Technology and equipment upgrades.

The goal of capacity building support is to strengthen the program, the organization, and those doing the work.

While applying organizations are not required to include capacity building in their overall request, we encourage applicants to consider how such requests may strengthen your organization and its ability to serve young people. For additional information about what qualifies as capacity building, please see the [FAQ document](#) for the Investing in Youth Resiliency RFP.

- ✿ A portion of budget requests may also include support to address unmet needs of young people served, which may include **but are not limited to**:
 - Transportation
 - Food
 - Personal care items
 - Clothing, outerwear, shoes, and face coverings
 - Specific behavioral and mental health interventions
 - Wraparound interventions for families where providing such supports creates more resilient families and therefore more resilient young people

- ✿ Applicants are encouraged to collaborate between organizations and stakeholders to create a continuum of programming in communities through partnership with education, business, healthcare, government, faith-based, and other local partners.

- ✿ Organizations serving the 32 counties of Appalachian Ohio may apply. These include Adams; Ashtabula; *Athens; Belmont; Brown; Carroll; Clermont; Columbiana; Coshocton; Gallia; Guernsey; Harrison; Highland; *Hocking; Holmes; *Jackson; Jefferson; Lawrence; Mahoning; *Meigs; Monroe; *Morgan; Muskingum; Noble; *Perry; Pike; Ross; Scioto; Trumbull; Tuscarawas; *Vinton; and Washington.
**Indicates OHFN priority counties for this funding opportunity*

APPLICATION

All applications should be submitted to FAO online by visiting www.AppalachianOhio.org/YouthResiliency. To help you prepare, the following list outlines the information and questions you can expect to find on the online application, as well as additional materials you will be required to submit:

1. Organizational Information

- a. Organization Name
- b. Tax ID, Tax Status
- c. Address, Phone, Fax
- d. Organization Web Address
- e. Organization Mission
- f. Organization History (250 words)
- g. Organization Type – Nonprofit, School, Public Organization

2. Contact Information

- a. Organization Leader – Name, Title, Email, Phone Number, Address
- b. Program & Grant Lead – Name, Title, Email, Phone Number, Address

3. Program Information

- a. Program Name
- b. Youth Population Served – Universal (broad population of youth) or Targeted (please identify the specific population)
- c. Age of Youth Served
- d. Current Number of Youth Served
- e. Anticipated Number of Youth to be Served, if Funds are Awarded

- f. County or Counties Served
- g. Describe Your Organization's Approach to Trauma-Informed Care
 - Have approaches to trauma-informed care been shared with staff and young people served by your organization? If so, how?
 - How recently has your organization implemented trauma-informed care training?
 - How does the organization stay up-to-date on trauma-informed care knowledge internally?

4. Open Responses

- a. Provide a description of the proposed program activities. How will the program contribute to the development of resiliency in the specified population?
- b. What evidence, either from external sources or from your internal lessons learned, has your organization used to inform the program described in this application?
- c. How long has the program been in place? If you are planning to launch a new program, please explain why it is being developed as proposed.
- d. How are youth in the program identified and/or selected?
- e. How is success determined in your program? What measurements will you use to track progress or to measure increased resilience?
- f. Describe partners across education, business, healthcare, faith-based organizations, and government and their roles in the implementation of your program.
- g. How does the program engage youth in program development efforts and/or expand youth leadership locally?

5. Request

- a. Please list the total amount of funding you are requesting, inclusive of capacity building support.
- b. Please provide a detailed description of how funds will be used. (See instructions below to upload a program budget.)

6. Capacity Building

- a. In the first year of FAO and OHFN's partnership to support youth resiliency, the foundations supported capacity building opportunities based on expressed interest from grant recipients. To determine potential offerings, FAO and OHFN are interested in understanding capacity building needs and priorities among organizations. Please indicate your **top** priority for organizational capacity building, should training opportunities be offered to the entire cohort at no cost to the grantee organizations based on common needs across organizations.
 - i. Grantwriting and reporting (basics of how to develop a grant request and manage a grant award)
 - ii. Telling your story and sharing it
 - iii. Tips on how to recruit and manage local volunteers, including board members
 - iv. Technical knowledge of social-emotional learning and implementing trauma-informed care

- v. Basics of federal reporting (for organizations that are prime or a sub-awardee)
 - vi. Legislative advocacy for nonprofits
 - vii. Increasing employee satisfaction and retention through implementation of positive staff supports
 - viii. Accounting and budgeting
 - ix. Designing an effective and right-sized program evaluation
 - x. Fundraising
 - xi. Marketing
 - xii. Networking/building collaborative support structures for youth
 - xiii. Opportunities for intentional networking with peer organizations to address gaps in content knowledge/expertise
 - xiv. Other – fill-in-the-box
- b. Does your proposal include capacity building needs that will help your organization expand services, enhance program quality, and/or improve operational efficiencies? If so, please explain how your request will strengthen the program, the organization, and those doing the work. Organizations might consider professional development and training activities; activities designed to increase staff engagement and retention; or technology and equipment upgrades, but are not limited to these examples.
- c. Please indicate goals for your capacity building request. Examples could include number of staff/volunteers/parents trained, time saved by implementing technology upgrades, enhanced organizational culture from staff supports, decrease in expenses, etc.

7. Materials & Resources to Upload

- a. For 501(c)(3) organizations: a copy of your 501(c)(3) IRS determination letter
- For other tax-exempt organizations (including public schools, governmental entities, etc.): an IRS government information letter. If you do not have an IRS government information letter, please upload your audited financial statements from the Auditor of State.
- b. Grant program budget, to include sources of other program funding, if applicable. May be uploaded in a format of your choosing.
- c. Audited financial statements, if available. Most recent 990 accepted, if audited financials unavailable.
- d. Optional materials may also be uploaded to help inform the grant committee's review, including but not limited to: letters of support from organizations listed as partners in the proposal, the organization's annual report, strategic plan, stories or news coverage featuring your program and its impact, and/or testimonials from youth being served.

GRANT TIMELINE

Wednesday, March 16, 2022: Applications Close

Friday, April 15, 2022: Grant Awards Announced

Sunday, May 1, 2022: Grant Period Begins

Sunday, April 30, 2023: Grant Period Closes

Monday, May 15, 2023: Final Reports Due

QUESTIONS

All questions regarding the Investing in Youth Resiliency RFP and application procedures should be directed to Kelly Morman, Director of Programs at FAO, at 740.753.1111 or at kmorman@ffao.org.