



### **INVESTING IN YOUTH RESILIENCY**

The Foundation for Appalachian Ohio (FAO), in partnership with the Osteopathic Heritage Foundation of Nelsonville (OHFN), is pleased to announce a new funding opportunity intended to address the social, economic, educational, and health challenges faced by young people in our region. Given the critical role of childhood development on lifelong wellbeing, and the extraordinary challenges youth face as a result of the COVID-19 pandemic, FAO's *I'm a Child of Appalachia®* Fund and OHFN are inviting proposals designed to support nonprofit and public organizations, including public schools, focused on building resilience and increasing protective factors for Appalachian Ohio youth.

Examples of protective factors supporting youth include academic success; emotional self-regulation; coping and problem-solving skills; increased self-esteem; supportive relationships with family members; connecting with mentors; physical and psychological safety; or engagement and connections with school, peers, employment, or community – including the ability to connect through technology.

As we look to the strength and vibrancy of Appalachian Ohio's communities today, and far into the future, investments in the health and wellbeing of youth in our region remains a priority.

### **FUNDING AVAILABILITY AND GRANT PERIOD**

Through this funding opportunity, organizations are invited to submit proposals focused on building resiliency for youth. As part of a 1:1 funding partnership, FAO and OHFN are making available up to \$350,000; it is anticipated funding awards will range from \$10,000 to \$30,000. The grant period will begin in November, 2020 and conclude in July, 2021; funded organizations will be asked to submit a mid-term progress report, participate in a mid-year call to share lessons learned to date, and submit a final report. Funding decisions will be informed by organizational size, capacity, demonstrated need of youth being served, and the opportunities being created to develop resilience.

All applications are due by October 14, 2020 and funding decisions will be made by November 16, 2020.

### **ELIGIBILITY and FUNDING INTENT**

Nonprofit and public organizations, including public schools, in all 32 Appalachian Ohio counties are eligible to submit project proposals meeting the following criteria:

Funding will be used to promote programming focused on building resiliency for youth (preschool age through age 18) and address challenges faced by young people, including those associated with COVID-19 and its social, economic, educational, and health effects.

- Priority will be given to organizations focused on young people who experience risk factors that jeopardize their ability to thrive and achieve.
- Funding will be used to support an organization's efforts to develop, expand and/or improve the quality of youth resiliency programming. Funds may be used to increase youth access to opportunities, for example, through computer and data connections needed to participate in programming that has transitioned to a virtual environment.

Examples of how funding awards may be used include, but are not limited to:

- Tutoring and mentoring;
- Behavioral health services;
- Support groups;
- o Trauma-informed approaches to services, including virtual services;
- o Remote learning tools, including hardware and software;
- Services for meeting the needs of special education and therapy;
- o Service learning and volunteer opportunities; and
- o Prevention programs.

Applicants are **strongly encouraged** to include in their proposal and budget supports to address the unmet, basic needs of the young people they serve, thereby enabling greater access to additional services designed to develop resilience. Possible use of funds may include:

- Food;
- Personal care items;
- o Clothing, outerwear, shoes, and face coverings; and
- o Transportation.
- As part of this initiative, FAO and OHFN are also interested in offering capacity-building supports to funded organizations, to help strengthen programming and the sponsoring organization. Funded organizations will receive a brief survey with their grant agreements to indicate if capacity-building offerings would be useful during the grant period and to indicate which offerings might best address the organization's needs.
- Agencies across the 32 counties of Appalachian Ohio may apply. These include Adams; Ashtabula; \*Athens; Belmont; Brown; Carroll; Clermont; Columbiana; Coshocton; Gallia; Guernsey; Harrison; Highland; \*Hocking; Holmes; \*Jackson; Jefferson; Lawrence; Mahoning; \*Meigs; Monroe; \*Morgan; Muskingum; Noble; \*Perry; Pike; \*Ross; Scioto; Trumbull; Tuscarawas; \*Vinton; and \*Washington.
  - \*Indicates OHFN service area.

#### **APPLICATION**

All applications should be submitted to FAO online by visiting www.AppalachianOhio.org/Youth. To help you prepare, the following list outlines the information and questions you can expect to find on the online application, as well as additional materials you will be required to submit:

### 1. Organizational Information

- a. Organization's Name
- b. Tax ID, Tax Status
- c. Address, Phone, Fax
- d. Organization Web Address
- e. Organization's Mission

- f. Organization's History (250 words)
- g. Organization Type Nonprofit, School, Public Organization

## 2. Contact Information

- a. Organization Leader Name, Title, Email, Phone Number, Address
- b. Program & Grant Lead Name, Title, Email, Phone Number, Address

# 3. Program Information

- a. Program Name
- b. Youth Population Served Universal (broad population of youth) or Targeted (please identify the specific population)
- c. Age of Youth Served
- d. Current Number of Youth Served
- e. Anticipated Number of Youth to be Served, if Funds are Awarded
- f. County or Counties Served
- g. Has Your staff Been Trained in Trauma-Informed Approaches?
  - If yes, when was training administered, by whom, and how do you maintain this training over time? How are trauma-informed approaches implemented in your program?
  - If no, are you interested in participating in trauma-informed care training?

## 4. Open Responses

- a. Provide a description of the proposed program activities. How will the program contribute to the development of resiliency in the specified population? Where possible, provide supporting evidence to explain the selected approach.
- b. Why was your program created? How long has it been in place? Has it changed over time? If you are planning to launch a new program, please explain why the program is being developed as proposed.
- c. How are the youth in your program identified and/or selected?
- d. How has COVID-19 affected the ways you serve and support young people? How will this grant help you meet the pre-existing or emerging needs of youth during this time?
- e. How do you determine success in your program? What measurements will you use to track progress or to measure resilience?
- f. Does the program have partnerships with other organizations in the community? What roles do they play in your work?
- g. How will your program support young people's basic needs?

### 5. Request

- a. Please list the total amount of funding you are requesting.
- b. What is the amount of funding you are requesting and for what purpose? Please provide a detailed description of how funds will be used. (See instructions below to upload a program budget.)

## 6. Materials & Resources to Upload

a. For 501(c)(3) organizations: a copy of your 501(c)(3) IRS determination letter

For other tax-exempt organizations (including public schools, governmental entities, etc.): an IRS government information letter. If you do not have an IRS government information letter, please upload your audited financial statements from the Auditor of State.

- b. Grant program budget, to include sources of other program funding, if applicable. May be uploaded in a format of your choosing.
- c. Audited financial statements, if available. Most recent 990 accepted, if audited financials unavailable.
- d. Optional materials may also be uploaded to help inform the grant committee's review, including but not limited to: letters of support from organizations listed as partners in the proposal, the organization's annual report, strategic plan, stories or news coverage featuring your program and its impact, and/or testimonials from youth being served.

## **QUESTIONS**

All questions regarding the youth resiliency grant program and its application should be directed to Kelly Morman, Director of Local Impact at FAO, at 740.753.1111 or at <a href="mailto:kmorman@ffao.org">kmorman@ffao.org</a>.